

Dr. Whitted is dedicated to safe, state-of-the-art, innovative surgeries and healthy lifestyles for women of all ages. In a nurturing environment, the physicians and staff strive to promote a partnership in your healthcare and make every effort to bridge the sterile science of diseases with your emotional, physical, and spiritual needs. Everyone is confronted with difficult healthcare decisions at one time or another. You'll want your physician and staff to have the knowledge, experience, and sensitivity to guide you safely through the decision-making process.

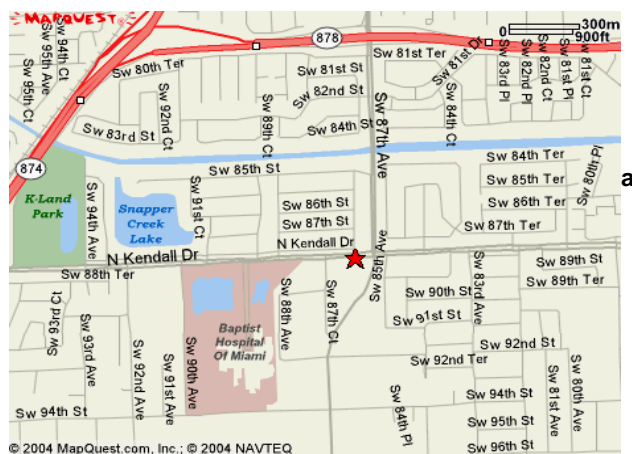
Dr. Whitted provides comprehensive gynecologic office and surgical healthcare. He is certified in laparoscopy and hysteroscopy and is an expert in advanced gynecologic surgery. He has been a national speaker, trainer, and researcher in advanced surgical techniques. In addition, Doctor Whitted is a Certified Menopause Clinician who educates, trains, and has done research in the science of menopause. Finally, he is certified in advanced colposcopy.

Doctor Whitted offers expert education and care in the following areas:

- | | |
|----------------------------------|-------------------------|
| Abnormal Paps (HPV) | Loss of Urine |
| Abnormal Menstrual Cycles | Menopause |
| Bladder Prolapse | Ovarian cysts |
| Chronic Pelvic Pain | Osteoporosis |
| Endometriosis | Rectocele |
| Ectopic Pregnancy | Uterine Prolapse |
| Family Planning | Vaginal Prolapse |
| Fibroids (Leiomyoma) | Well-Woman visit |

*****Evaluation and Diagnosis of Gynecologic Cancers**

If you need surgery, Dr. Whitted performs most gynecologic surgeries with minimally invasive techniques to reduce hospitalization, recovery, scarring, discomfort and absence from work in most cases.



- Family Planning**
- Uterine Prolapse**
- Vaginal Prolapse**
- ***Evaluation and Diagnosis of Gynecologic Cancers**

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Raymond Wayne Whitted MD, MPH

...dedicated to healthy lifestyles and safe, state-of-the-art surgery for women of all ages.

Women's Health Education

"Knowledge is Power"

The Objective of the Women's Health Education Program is to improve the wellness of women through comprehensive education.

The goal of the Women's Health Education Program is to impart and share the knowledge required to maintain your health through disease prevention, diagnosis, and treatment.

The result of our program is a partnership through educated discussion about your healthcare concerns.

Drs. Whitted and Pietro have extensive experience educating and developing state-of-the-art education programs about women's healthcare. They are noted speakers, authors, and researchers in women's healthcare; and at the University of Miami, they were innovators in education and curriculum development in Gynecology.

Drs. Whitted and Pietro share your concerns about your healthcare by investing their time, energy, and enthusiasm promoting educational programs. They have a wealth of cumulative experiences and draw upon these highlighting your educational experience.

Finally, they have brought together an office team in tune to your needs, concerns, and wishes. Please feel free to contact us to discuss your educational needs.

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VIDEO LIBRARY

Surgical Video Series

1. Cone Biopsy
2. Diagnostic Hysteroscopy
3. Diagnostic Laparoscopy
4. Endometrial Ablation
5. Hysterectomy
6. Laparoscopic Assisted Vaginal Hysterectomy
7. Laparoscopic Supracervical Hysterectomy
8. Operative Hysteroscopy
9. Operative Laparoscopy
10. Surgery for Urinary Incontinence
11. Thermachoice Endometrial Ablation
12. Tension Free Vaginal Sling for Incontinence
13. Vaginal Hysterectomy and Repairs

Medical Information Video Series

1. Abnormal Pap Smear and Colposcopy
2. Abnormal Vaginal Bleeding
3. Breast Self-Exam and Breast Health
4. Endometriosis
5. The Gynecologic Exam
6. Hormone Replacement Therapy
7. Menopause
8. Osteoporosis
9. Premenstrual Syndrome
10. Uterine Fibroids: What You Should Know
11. Urinary Incontinence in women

These Videos are for your education and consideration. Please feel free to ask our receptionist for assistance is a viewing.

EDUCATION SEMINARS AVAILABLE

1. Abnormal Uterine Bleeding
2. Abnormal Pap Smears, Dysplasia, Human Papilloma Virus
3. Alternatives to Hysterectomy
4. Advanced Endoscopic Surgeries for Common Gynecologic Problems
5. Blood Transfusions: Are We Safe?
6. Breast Cancer Updates
7. Chronic Pelvic Pain
8. Current Evidence in the Prevention and Treatment of Osteoporosis
9. Endometriosis: Incidence, Diagnosis, and Treatments
10. Evista: An Alternative in Menopause Management
11. Herbal Therapies and Menopause
12. Hormone Therapy and Breast Cancer
13. Hysterectomy and its Alternatives
14. Incontinence: Diagnosis and Treatments
15. Laparoscopic Supracervical Hysterectomy
16. Laparoscopic Myomectomy
17. Laparoscopic Tissue Extraction
18. Laser Hair Removal: Is it for Me?
19. Menopause and the Modern Women
20. New Concepts in Hormone Replacement Therapy
21. Osteoporosis: An Overview of Prevention, diagnosis, and Treatment
22. Pelvic Adhesions: Pathogenesis, Incidence, Complications, Prevention
23. Pelvic Inflammatory Disease: Updates in Sexually Transmitted Diseases
24. Pelvic Prolapse: Cystocele, Rectocele, Enterocele
25. Premenstrual Dysphoric Dysfunction
26. Preventative Cardiology for Women
27. Sterilization: State-of-the-Art Therapies
28. Thermachoice III and Endometrial Ablation
29. Ultrasound and Gynecology
30. Women's Health Initiative: Controversies in Menopause

We are available to present at your requested location. Our presentations are LCD power-point presentations. Videos are used to augment selected presentations. These presentations are free.

Hall-Mark Series

“The Menopause Support Series”

This is a comprehensive and interactive series of 3 lectures and group discussions aimed at:

Signs, Symptoms, Emotional, and Therapeutic Choices in Menopause

Goals:

1. To provide a comfortable exchange of menopause information and experiences
2. To assist women and men in obtaining current and accurate information about menopause
3. To develop a menopause risk assessment

“The Surgical Support Series”

This is a comprehensive and interactive series of 3 lectures and groups discussions aimed at:

Surgical decision-making, preoperative, postoperative, and psychological aspects of female Surgery.

Goals:

1. To provide a comfortable exchange of surgical information and experiences
2. To exchange current and accurate information about surgery, options, alternatives

We like to schedule these quarterly and with a maximum participation of 20 people. The cost of these series is \$20 per person.