



www.drwhitted.net

Raymond Wayne Whitted MD, MPH

*...dedicated to healthy lifestyles and safe, state-of-the-art, innovative surgery for women of all ages
...because quality is an experience!*

R. Wayne Whitted MD, MPH

Diplomate, ABOG
Certified in Advanced Laparoscopy
Certified in Advanced Hysteroscopy
Certified Menopause Clinician
Certified Bone Densitometrist
Certified Researcher
Certified Wartime Surgery

PATIENT INSTRUCTIONS FOLLOWING SUCTION CURETTAGE

COMPREHENSIVE GYNECOLOGY & MINIMALLY INVASIVE SURGERY

Abnormal Pap Smears
Advanced Colposcopy
Abnormal Periods
Bladder Prolapse
Chronic Pelvic Pain
Endometriosis
Ectopic Pregnancy
Family Planning
Fibroids
Genital Warts
Immunizations
Loss Of Urine
Menopause
• Risk Assessment
• Support Series
Ovarian Cysts
Rectocele
Surgical Gynecology
• Hysteroscopy
• Laparoscopy
• Vaginal Surgery
• Surgical Support Series
Uterine Prolapse
Vaginal Prolapse
Vaginal Infections
Vulvodynia/Vestibulitis
Well-Woman

AESTHETIC GYNECOLOGY

Botox
Vaginal Rejuvenation

OFFICE PROCEDURES

Hysteroscopy
LEEP cone biopsy
Cryosurgery
Dilation and Curettage
Ultrasound
Urodynamics/Bladder Studies
Heel Density Scan

COMPREHENSIVE RESEARCH

Laparoscopy
Hysteroscopy
Menopause
Women's Health

EDUCATORS

Community Programs
CME Programs
Surgical Preceptor

MEMBERSHIPS

Obstetrics and Gynecology
Gynecologic Laparoscopy
Bone Densitometry
Colposcopy and abnormal paps
Physician Executives
Honor Medical Society
Best Doctors

You have just had a vacuum curettage which is like a dilation and curettage (D & C or "womb scraping"). The operation involved inserting a plastic catheter into your uterus and removing the inner lining of your uterus by means of suction (similar to a vacuum cleaner).

This procedure should remove an early pregnancy, but it is nevertheless possible for a pregnancy to continue (in rare circumstances). For this reason you should report back to this office in 6 weeks if you have not had a menstrual period by then.

You will be given a prescription for:

1. **Tablets to keep your uterus well-contracted and control bleeding.** Take methergine a (ergonovine) 0.2 mg every four hours for the first 24 hours
2. **Tablets to relieve the abdominal/pelvic cramps** that you may have for one or two days. Take Darvocet N-100, 1 or 2 tablets as needed for cramps every 3-4 hours. Do not drive if you have taken this medication. Cramps may last for several days.
3. **Tablets to prevent infection.** Doxycycline 100 mgs by mouth twice per day for 3 days.

You can expect bleeding equivalent or slightly more than your menstrual loss for four or five days followed by a week or so of spotting. Use only sanitary napkins during this time. Do not use tampons as this may make you at risk for uterine infection.

The day following your procedure, you may resume full activities and a full diet except:

- Do not have intercourse for 2 full weeks.
- Do not take a tub bath for 1 week (showers are ok)
- Do not douche

Notify my office if any of the following occurs:

- Temperature over 100 degrees Fahrenheit
- Severe abdominal pain
- Excessive vaginal bleeding

Since it is more desirable to prevent pregnancy than to interrupt an unwanted pregnancy, birth control methods are available.