



# Raymond Wayne Whitted MD, MPH

*...dedicated to healthy lifestyles and safe, state-of-the-art, innovative surgery for women of all ages  
...because quality is an experience!*

www.drwhitted.net

## R. Wayne Whitted MD, MPH

Diplomate, ABOG  
Certified in Advanced Laparoscopy  
Certified in Advanced Hysteroscopy  
Certified Menopause Clinician  
Certified Bone Densitometrist  
Certified Researcher  
Certified Wartime Surgery

### COMPREHENSIVE GYNECOLOGY & MINIMALLY INVASIVE SURGERY

Abnormal Pap Smears  
Advanced Colposcopy  
Abnormal Periods  
Bladder Prolapse  
Chronic Pelvic Pain  
Endometriosis  
Ectopic Pregnancy  
Family Planning  
Fibroids  
Genital Warts  
Immunizations  
Loss Of Urine  
Menopause  
• Risk Assessment  
• Support Series  
Ovarian Cysts  
Rectocele  
Surgical Gynecology  
• Hysteroscopy  
• Laparoscopy  
• Vaginal Surgery  
• Surgical Support Series  
Uterine Prolapse  
Vaginal Prolapse  
Vaginal Infections  
Vulvodynia/Vestibulitis  
Well-Woman

### AESTHETIC GYNECOLOGY

Botox  
Vaginal Rejuvenation

### OFFICE PROCEDURES

Hysteroscopy  
LEEP cone biopsy  
Cryosurgery  
Dilation and Curettage  
Ultrasound  
Urodynamics/Bladder Studies  
Heel Density Scan

### COMPREHENSIVE RESEARCH

Laparoscopy  
Hysteroscopy  
Menopause  
Women's Health

### EDUCATORS

Community Programs  
CME Programs  
Surgical Preceptor

### MEMBERSHIPS

Obstetrics and Gynecology  
Gynecologic Laparoscopy  
Bone Densitometry  
Colposcopy and abnormal paps  
Physician Executives  
Honor Medical Society  
Best Doctors

## PATIENT INSTRUCTIONS FOLLOWING SUCTION CURETTAGE

You have just had a vacuum curettage which is like a dilation and curettage (D & C or "womb scraping"). The operation involved inserting a plastic catheter into your uterus and removing the inner lining of your uterus by means of suction (similar to a vacuum cleaner).

This procedure should remove an early pregnancy, but it is nevertheless possible for a pregnancy to continue (in rare circumstances). For this reason you should report back to this office in 6 weeks if you have not had a menstrual period by then.

You will be given a prescription for:

1. **Tablets to keep your uterus well-contracted and control bleeding.** Take methergine a (ergonovine) 0.2 mg every four hours for the first 24 hours
2. **Tablets to relieve the abdominal/pelvic cramps** that you may have for one or two days. Take Darvocet N-100, 1 or 2 tablets as needed for cramps every 3-4 hours. Do not drive if you have taken this medication. Cramps may last for several days.
3. **Tablets to prevent infection.** Doxycycline 100 mgs by mouth twice per day for 3 days.

You can expect bleeding equivalent or slightly more than your menstrual loss for four or five days followed by a week or so of spotting. Use only sanitary napkins during this time. Do not use tampons as this may make you at risk for uterine infection.

The day following your procedure, you may resume full activities and a full diet except:

- Do not have intercourse for 2 full weeks.
- Do not take a tub bath for 1 week (showers are ok)
- Do not douche

Notify my office if any of the following occurs:

- Temperature over 100 degrees Fahrenheit
- Severe abdominal pain
- Excessive vaginal bleeding

Since it is more desirable to prevent pregnancy than to interrupt an unwanted pregnancy, birth control methods are available.